

# WALK AT WORK WEEK

## Get Active. 15-19 October 2018.



**Walk at Work Week is an initiative of Queensland Walks in conjunction with 10,000 Steps and Heart Foundation Walking (Queensland).**

Walk at Work Week celebrates and encourages walking in and around the workplace. So get involved and register today!

**By registering your work team and posting a photo with #walkatwork each day from 15-19 October, you automatically enter the random draw for a fully catered work lunch for your team to the value of \$250\*.**

The winner will be announced on 24th October and your team can choose your own cuisine.

**REGISTER TO WIN  
A CATERED LUNCH!**

\*Terms and conditions on [www.queenslandwalks.org.au](http://www.queenslandwalks.org.au)

## Get Involved.

To register your team visit: [www.queenslandwalks.org.au](http://www.queenslandwalks.org.au)



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[www.queenslandwalks.org.au](http://www.queenslandwalks.org.au)